

Communications Toolkit for CRT Members

Issue #2, December 8, 2020

Thank you, CRT for the opportunity to reach your communities with important public health information. Your participation helps to ensure residents have greater access to health services and supports during the pandemic.

Please use the contents of this toolkit prepared by Peel Public Health to spread the word across our community about staying safe amidst COVID-19. Included are the latest messages you can cut and paste into your newsletters and emails, and social media to share through your channels.

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Social media

Please share the following social media messages.

- Make new traditions over the holidays to stay safe and connected
<https://twitter.com/regionofpeel/status/1336044012407578624>
- Enjoy holiday traditions with those you live with
<https://twitter.com/regionofpeel/status/1334696930018914304>
- Christmas dos and don'ts animation (wordless)
<https://twitter.com/regionofpeel/status/1334635022024728578>
- Dr. Loh's self-isolation explainer and why it's important
 - Twitter: <https://twitter.com/regionofpeel/status/1334211229947138057>
 - Facebook:
<https://www.facebook.com/regionofpeel/videos/vb.435775616602391/419500589204776/?type=3&theater>
 - This video is in the process of being translated into the top 5 languages in Peel, and makes reference to the voluntary isolation program.
- Stay home after being tested, and promotion of the self-isolation program if you cannot self-isolate at home <https://twitter.com/regionofpeel/status/1333971650988093442>
- Staying safe at work and coming home animation (wordless)
<https://twitter.com/regionofpeel/status/1329018010103934977>
- Supporting local businesses over the holiday season
<https://twitter.com/regionofpeel/status/1336387570083778561>
- Testing is available on weekends
<https://twitter.com/regionofpeel/status/1335270207489761281>
- Testing in Mississauga <https://twitter.com/regionofpeel/status/1336265264644624385>
- Testing in Caledon <https://twitter.com/regionofpeel/status/1335964281116880896>
- Testing in Brampton <https://twitter.com/regionofpeel/status/1334453828347973633>
- Feeling under the weather in winter? Take the self-assessment
<https://twitter.com/regionofpeel/status/1335903379609030658>
- Beware of COVID-19 fraud <https://twitter.com/regionofpeel/status/1335540991722328066>
- Visit PAMA for creative ideas to be festive and celebrate virtually
<https://twitter.com/regionofpeel/status/1335028112262918144>
- How to stay safe and connected to one another during the pandemic if you live alone
<https://www.facebook.com/regionofpeel/photos/a.437563879756898/1652302611616346/?type=3&theater>
- Social gathering guidance under Grey – Lockdown state
<https://www.facebook.com/regionofpeel/photos/a.437563879756898/1647210742125533/?type=3&theater>

Newsletter content

School screening has changed

Daily school screening

If your child has 1 or more symptoms of COVID-19 they need to stay home and not attend school. Symptoms may be new, getting worse, or different than usual. Look for the following symptoms, even if they are mild:

- cough
- shortness of breath
- fever or chills
- loss of taste or smell
- sore throat or difficulty swallowing
- stuffy or runny nose
- headache
- nausea, vomiting or diarrhea
- feeling unwell, muscle aches or tiredness

Before leaving for school each day, you must screen your child for:

- Any COVID-19 symptoms (even if mild).
- Close contact with a person who is sick with COVID-19 symptoms, or who has tested positive in the past 14 days.
- Recent travel outside of Canada

The [school screening poster](#) includes these criteria.

COVID-19 school and childcare screening for employees (e.g., teachers, office staff, custodians, bus drivers) and visitors has not changed. School employees and visitors should continue to use the provincial [COVID-19 school and child care screening](#).

Daily school screening – next steps

Student has 1 or more symptoms and did not pass the daily school screening

If they **have symptoms of COVID-19** (fever, chills, cough, shortness of breath, decreased or loss of taste or smell, sore throat, difficulty swallowing, stuffy or runny nose, headache, nausea, vomiting, diarrhea, extreme tiredness or muscle aches) they must:

1. Stay home and [self-isolate](#) for 10 days. Call the school to let them know.
2. [Get tested](#). Contact a health care provider if they believe the symptoms are due to an illness other than COVID-19.
3. Self-isolate at home while waiting for the test result. Ensure household members (siblings, parents) also isolate at home until the test result comes back.

Student does not have any symptoms of COVID-19 and did not pass the daily school screening

If they **were exposed to a person** who has or may have COVID-19, they must:

1. [Self-isolate](#) for 14 days from the last exposure to a person who has COVID-19.
2. Arrange to [get tested](#) if symptoms develop.
3. If the test result is negative and the student later develops new or worsening symptoms, arrange to get re-tested.

If they **travelled outside of Canada**, they must:

1. [Self-isolate](#) for 14 days from the date of return to Canada as outlined in the [federal quarantine order](#).
2. Monitor for symptoms and arrange to [get tested](#) if symptoms develop.

Instructions for household members

If the student does not have any symptoms of COVID-19, household members (siblings, parents, etc.) do not need to self-isolate but should self-monitor for symptoms. If the student develops symptoms, they must self-isolate for 10 days and household members must do the same. Household members should self-isolate until a negative COVID-19 test or an alternative diagnosis is received by the individual experiencing symptoms.

[If you can't self-isolate at home](#)

If you're not able to safely self-isolate at home, you may be eligible to isolate through the Region of Peel COVID-19 Isolation and Recovery Program. The program is managed by the Region of Peel with [funding from the Government of Canada](#).

The program includes a voluntary isolation centre that is centrally located hotel in Peel. If you choose to self-isolate through the program you'll be provided with lodging and food. Transportation to and from the centre is available if needed. Medical care and other social services are available on-site if needed. You can stay for the full 14 days of self-isolation or when you receive a negative COVID-19 test result. Children under the age of 16 can stay with a parent or guardian.

To be eligible to isolate at the centre, you must meet the following criteria:

- Be a suspected or confirmed COVID-19 case or are a vulnerable household contact.
- Cannot safely self-isolate at home away from others in your household.
- Are 16 years or older (or younger if staying with a parent or guardian).
- Agree to self-isolate at the centre for 10-14 days, based on your COVID status.
- Can complete daily activities (such as walking with or without an assistive device, bathing and dressing yourself, eating and drinking) independently.

You can be referred to this program by hospital staff or a public health Case and Contact Manager. To find out more about this program, call the Region of Peel at 905-799-7700 or in Caledon 905-584-2216.

Where to get tested (Up to date as of Dec. 8, 2020)

Brampton

South Fletcher's Sportsplex - drive thru

500 Ray Lawson Blvd, Brampton (map)

North parking lot

[South Fletcher's testing hours and booking details](#)

Peel Memorial Centre for Integrated Health and Wellness COVID-19, Cold and Flu Clinic

20 Lynch Street, Brampton (map)

[Peel Memorial clinic hours and booking details](#)

Brampton Lawn Bowling Facility

Flower City Community Campus

8910 McLaughlin Road South, Brampton (map)

South-west corner Queen Street West and McLaughlin Road South, next to the Flower City Seniors Recreation Centre

Hours: Tuesdays 2 p.m. to 7 p.m. and Saturdays 9 a.m. to 1 p.m.

Call 905-796-4922 to book an appointment.

Ebenezer Community Hall

4494 Ebenezer Rd, Brampton (map)

Northwest corner of Ebenezer Road and The Gore Road

Hours: Tuesday to Saturday from 10 a.m. to 8 p.m.

[Book an appointment at Ebenezer Community Hall](#) or call 647-374-4676. Each person needs their own appointment.

Professors Lake Recreation Centre

1660 North Park Drive, Brampton (map)

Bramalea Road and North Park Drive

Hours: Tuesday to Saturday 4 to 8 p.m.

[Book an appointment at Professors Lake](#) or call 647-374-4676

Queen Square COVID-19, Flu and Cold Clinic

Snelgrove Community Centre

11692 Hurontario Street, Brampton (map)

Hours: Wednesday to Friday from 10 a.m. to 4 p.m.

[Book your appointment at Snelgrove Community Centre](#)

Caledon

Headwaters Health Care Centre

100 Rolling Hills Drive, Orangeville (map)

The entrance is located on the north side of the hospital, near the Emergency Department.

Headwaters Health Care Centre testing hours and booking details

Mississauga

Mississauga Hospital Trillium Health Partners Assessment Centre

Clinical Administrative Building

15 Bronte College Court, Mississauga (map)

Mississauga Hospital testing hours and booking details

Credit Valley Hospital Trillium Health Partners Assessment Centre - drive thru

2200 Eglinton Ave West, Mississauga (map)

Use the entrance on Credit Valley Drive near Eglinton Avenue West and follow signs to Level 1, main parking garage.

Credit Valley Hospital testing hours and booking details

Four Corners Health Centre

7205 Goreway Drive, Mississauga (map)

Inside Westwood Square

Hours: Every Thursday from 12 to 4 p.m.

Call 416-312-0566 to book your appointment

Mississauga Health Cough and Flu Clinic

CarePoint Health Complex

2695 North Sheridan Way, Mississauga (map)

Suite 120. Located near Winston Churchill Blvd and QEW

Hours: Monday to Friday from 9 a.m. to 4 p.m.

Call 905-361-1448 to book an appointment.

Peel Regional Paramedics Kingsway Satellite Station - drive thru

Kingsway Drive near 7120 Hurontario Street, Mississauga (map)

Use the parking lot entrance on Derrycrest Drive. Look for the small building located at the corner Derrycrest Drive and Kingsway Drive.

Hours: Monday to Friday from 2 p.m. to 8 p.m.

Book an appointment at Kingsway paramedic station or call 647-374-4676

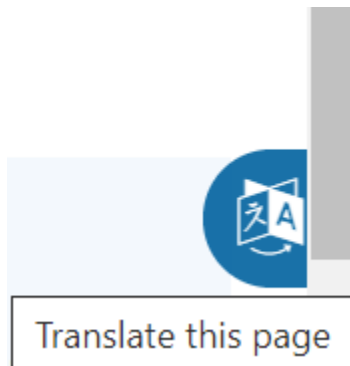
Posters and Translated materials

Updated school screening single symptom criteria – [download and print the poster](#) to use every school day

Core Four actions to keep one another safe – [download and print the poster](#)

Download a variety of public health messages as [translated posters](#) (coming soon: What to do after being Tested)

Note: The entire Peel Region COVID-19 site can be viewed in a variety of languages using the translation widget found on the right-hand side of every page.



Region of Peel Contact Centre

Phone number: 905-791-7800, toll-free: 1-888-919-7800

Peel Public Health is operating a call centre dedicated to only COVID-19 enquiries, 8:30 a.m. to 4:30 p.m., Monday to Friday. Call 905-799-7700, Caledon 905-584-2216.

Public Health professionals can also answer questions related to parenting, infant feeding, public health measures and restrictions, enforcement, food safety and more.